

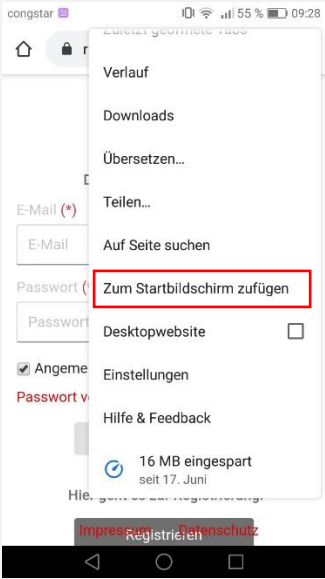
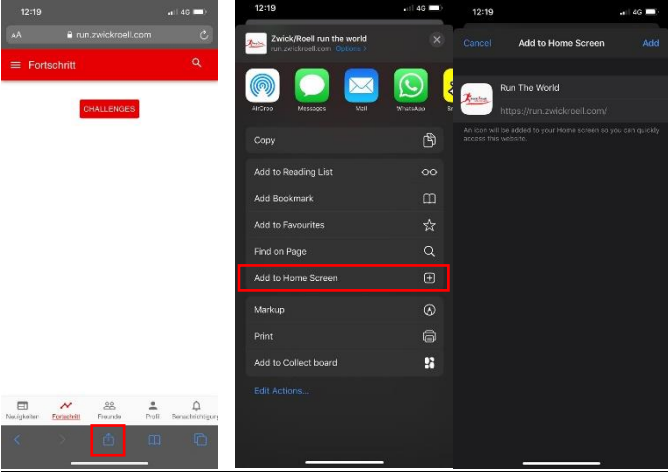



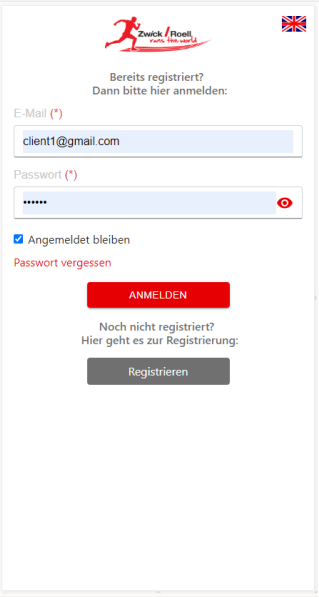
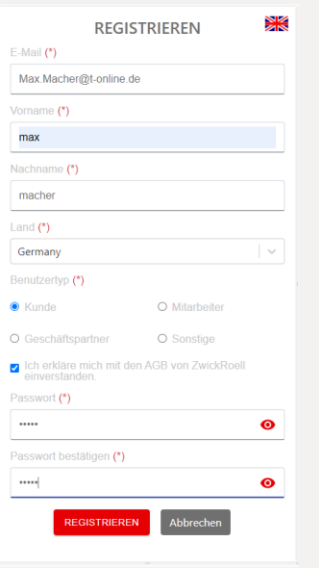
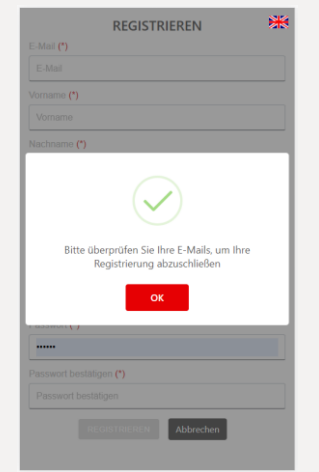
User Documentation / Manual 06/09/2020 06/ 2020



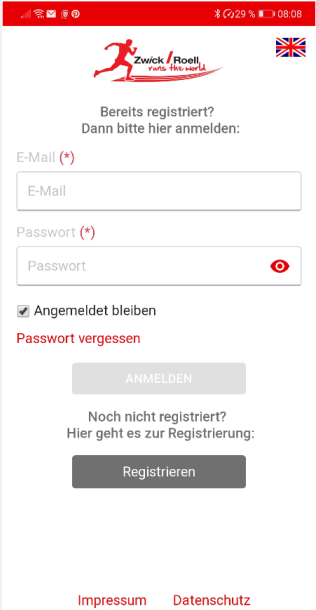


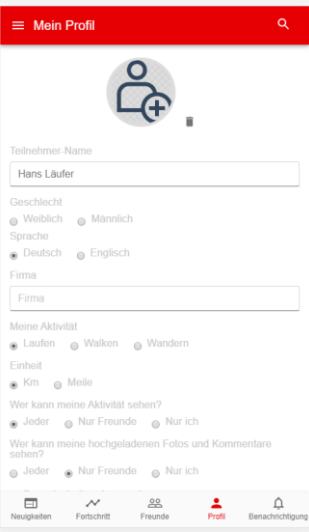
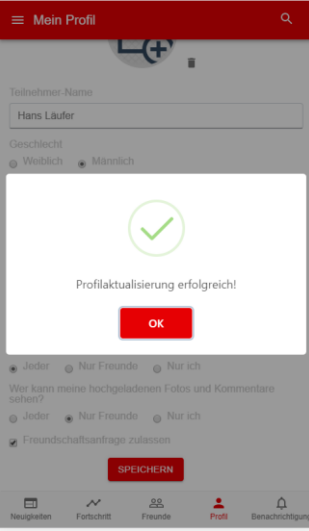

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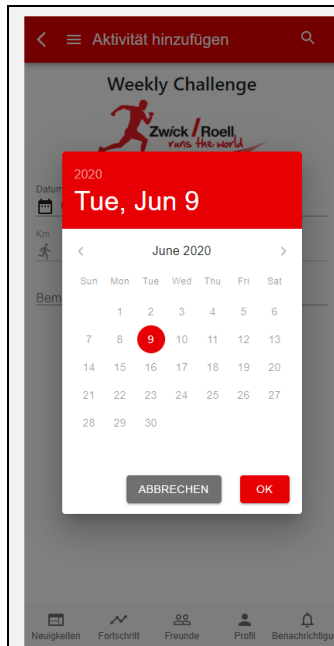
<p>Re: ZwickRoell Runs the World 2020</p> <p>Hello Max,</p> <p>We would like to cordially invite you to this year's challenge. With runners from all over the world we are once again looking forward to completing many kilometers and collecting donations for charitable causes. Please click here to register: ZwickRoell Runs the World 2020 Registration</p> <p>The ZwickRoell Runs Team</p>	<p>Registration</p> <p>Click the registration link in your invitation email.</p> <p>The LOGIN/registration screen appears.</p>
<p>APP icon</p> <p>Android:</p> <p>Open http://run.zwickroell.com with your browser (at example Google Chrome). Go to the settings (3 dots in the upper menu). Click on „add to start screen“.</p> 	<p>APP icon</p> <p>IOS:</p> <p>Open http://run.zwickroell.com with Safari, click on the icon in the middle of the lower menu. Choose „Add to home screen“.</p>   <p>Always start the App with the icon!</p>

	<p>Registration</p> <p>If you have not yet registered:</p> <p>Click on the Register button.</p>
	<p>Registration</p> <p>Enter information.</p> <p>The fields marked with (*) are required fields.</p> <p>(First name and last name make up the participant name for the challenge).</p> <p>Once all required fields have been completed</p> <p>Click on the Register button.</p>
	<p>Complete registration</p> <p>Confirm message by clicking OK.</p>

	<p>Complete registration</p> <p>Open the registration email in your mailbox.</p> <p>Click on the “Complete registration” link.</p>
	<p>Initial running app login</p> <p>This message appears after successful registration.</p> <p>Click the Login button.</p>
	<p>Login</p> <p>If you have already registered</p> <p>Enter your email address (as registered). Enter password (as registered).</p> <p>Click the Login button.</p> <p>Select options:</p> <ul style="list-style-type: none"> - Stay logged in - Forgot password (to reset the password)

	<p>Edit profile</p> <p>When you log in for the first time, you will be redirected to the Profile screen to complete your profile information.</p> <p>Under Profile settings can be selected to view your activities, photos and comments.</p> <p>Click the Save button.</p>
	<p>Edit profile</p> <p>Click the OK button to complete your Profile update.</p>
	<p>Challenge check-in</p> <p>If you have not yet registered for a challenge, you will be redirected to the Challenge registration screen on your first login.</p> <p>Click the Register button to select the challenge.</p>

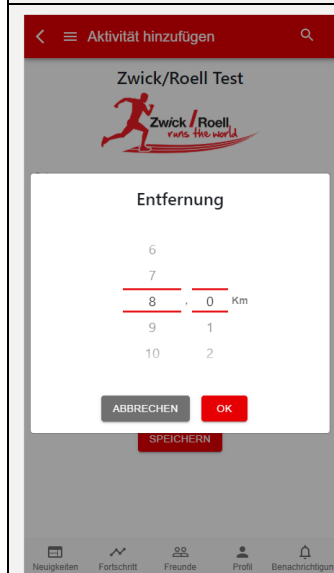
	<p>Challenge check-in</p> <p>Click the Register button to complete check-in.</p>
	<p>Add new activity</p> <p> Click</p>
	<p>Create new activity</p> <p>Date and distance entries are required fields</p> <p>Comments and photos are optional</p> <ul style="list-style-type: none"> - Date entry/selection (current date is preset) - Distance entry/selection (required field) - Comments (optional) - Add one or more photos (optional) <p>Click the Save button to save the activity</p>



Create new activity – date

- Use the current date (preset) or select the desired date from the calendar.

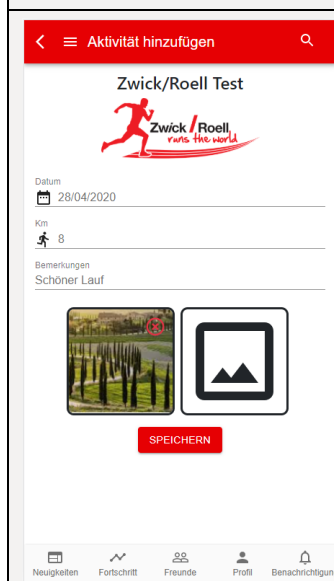
Click the OK button.



Create new activity – distance

- Distance entry selection using the distance picker

Click the OK button.

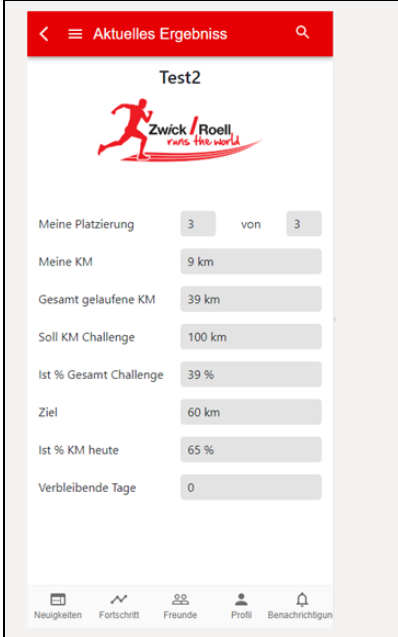
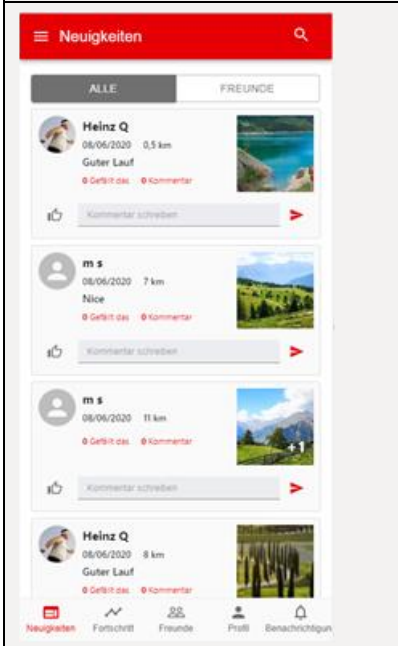



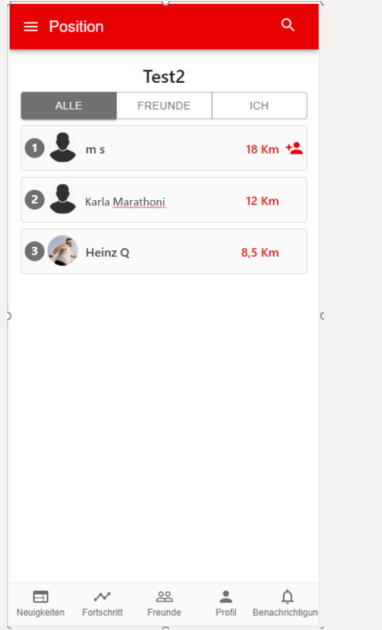



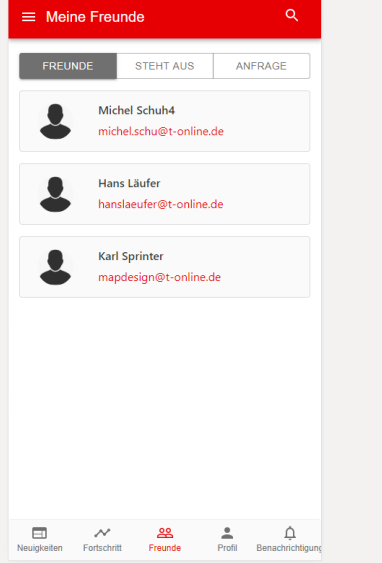


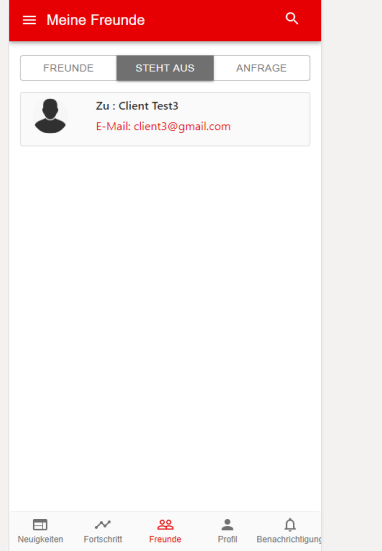
Create new activity – photos

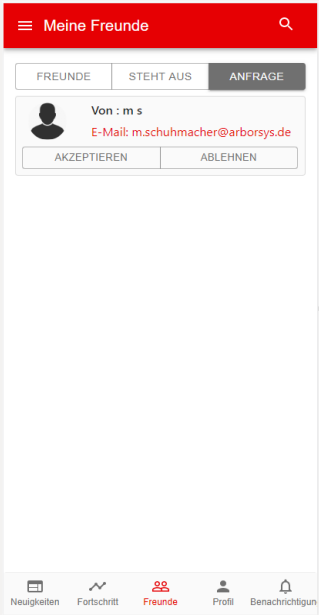
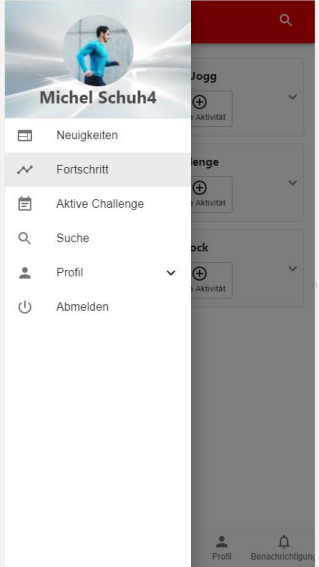






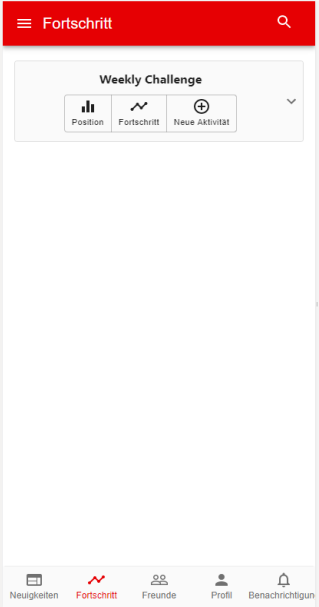




- Add one or more photos

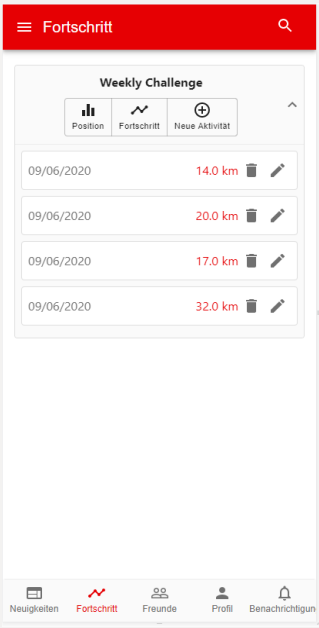




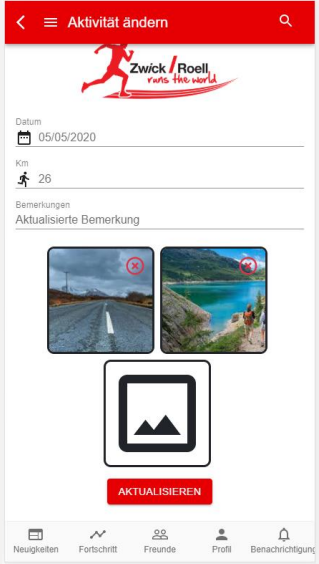
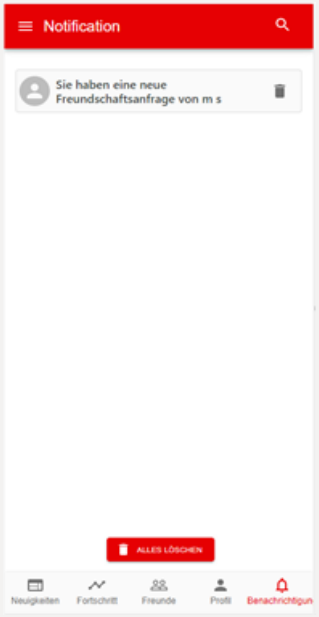
Click the Save button

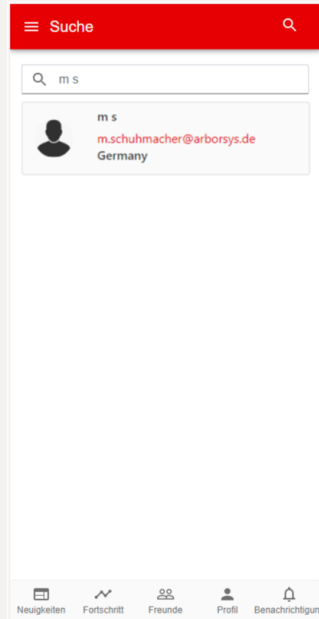
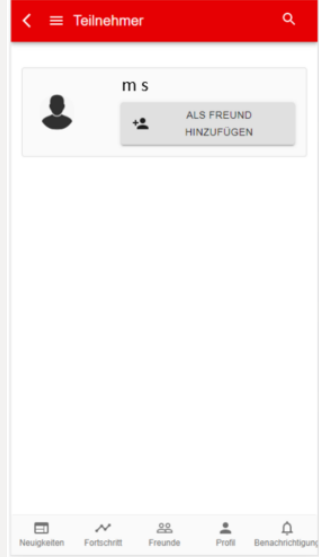
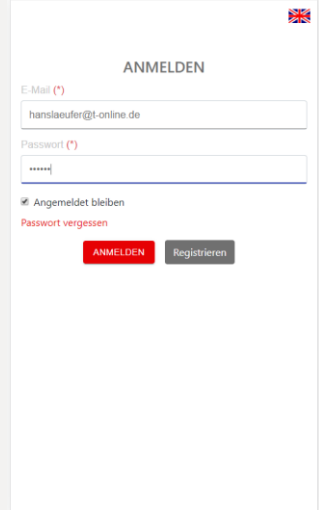
After that the user is directed to the “Current results” screen with an overview of the facts and figures of the challenge.


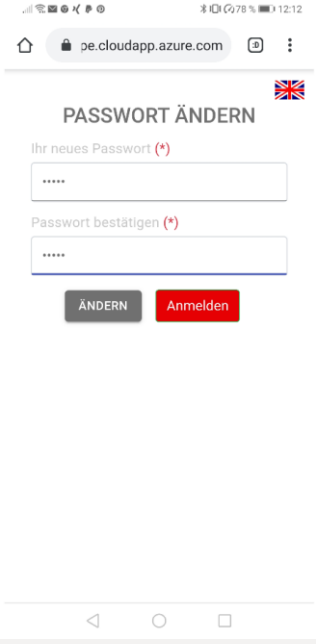
	<p>Progress</p> <p>Individual results and overall results from the challenge are displayed here.</p> <p>Display:</p> <ul style="list-style-type: none"> - My position: where the participant stands within the entire group of participants - My km: number of kilometers run by the individual participant - Total km run: total number of kilometers run by all participants - Actual % total challenge: number of kilometers run by all participants as a % of the overall challenge goal - Goal: required number of kilometers to be run up to the current point in time (pace checkpoint) - Actual % km to date: actual number of kilometers run by all participants to date, as a % of the number of kilometers required up to the current point in time (pace checkpoint) - Days remaining until end of the challenge
	<p>News</p> <p> Click</p> <p>Display of activities posted by the participants</p> <p>Selection options:</p> <ul style="list-style-type: none"> - All participants - Friends - Option to like a post and add a comment - Select detailed view and photos


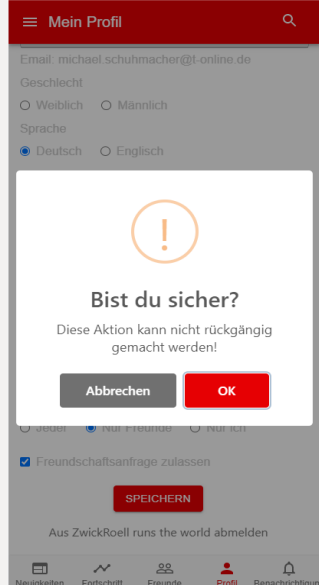
	<p>Position</p> <p> Click</p> <p> Display position of challenge participants</p> <p>Selection options:</p> <ul style="list-style-type: none"> - All participants - Friends - My position -  Start friend request
	<p>Networking – My friends</p> <p>Networking with other participants can be done via</p> <p> In the Position screen, or</p> <p> Via the search function</p> <p>Selection options on the screen:</p> <ul style="list-style-type: none"> - Existing friends - Pending (outgoing) friend requests - Pending incoming friend requests
	<p>Networking – My friends</p> <p>Status: Pending (outgoing) friend requests</p>

	<p>Network – My friends</p> <p>Status: Pending incoming friend requests</p> <p>Selection options:</p> <ul style="list-style-type: none"> - Accept - Reject
	<p>Navigation – sidebar</p> <ul style="list-style-type: none">  News <ul style="list-style-type: none"> • Display of posted activities  Challenge(s) progress <ul style="list-style-type: none"> • Individual progress + total progress • Entry of a new activity • Display of participants' position/ranking  Active challenge <ul style="list-style-type: none"> • Display / registration of a challenge  Search challenge participants <ul style="list-style-type: none"> • Via participant name, email address  Edit profile / change password  Log out of the app
	<p>Navigation – footer</p> <p>Selection options:</p> <ul style="list-style-type: none"> -  Neuigkeiten Display of all activities posted by the challenge participants -  Fortschritt Display of individual progress and total progress for the challenge -  Freunde Display of friends and friend requests -  Benachrichtigung Notifications regarding posts, friend requests, news from the organizers

	<p>Navigation – progress overview screen</p> <p>Selection options:</p> <ul style="list-style-type: none"> - Challenge selection -  Enter a new activity -  Display overall progress of the challenge -  Display position/ranking of participants -  Change activity
	<p>Change entered activity</p> <ul style="list-style-type: none"> - Change date / distance - Add/delete/edit comment - Delete / add photos
	<p>Notifications</p> <p>Regarding</p> <ul style="list-style-type: none"> - Friend requests - Opening of new challenges - Notifications from the organizers

	<p>Search functions</p> <p>For</p> <ul style="list-style-type: none"> - Email addresses - Participant name <p>Display:</p> <ul style="list-style-type: none"> - Participant name - Email address - Country
	<p>Search function – friend request</p> <p>Selection options (if not yet befriended):</p> <ul style="list-style-type: none"> - Add as friend
	<p>Reset password</p> <p>Click on Forgot password</p> <p>Once the reset-password email has been received, change the password by clicking on the embedded link</p>

	<p>Reset password</p> <p>Click on the “Click here to reset password” link</p>
	<p>Reset password</p> <p>Enter new password Confirm password</p> <p>Click the Change button</p>

	<p>Log out of the running app</p> <p>Click on Log out ZwackRoell Runs</p>
	<p>Log out of the running app</p> <p>Click OK button</p>